

Managing current weight: lose, maintain or do neither? - {Calculated Variable)*
Kentucky BRFSS 2001

Geographic Groups	Total Respond.#	Trying to lose weight			Maintain weight			Neither		
		N	%	C.I.(95%)	N	%	C.I.(95%)	N	%	C.I.(95%)
TOTAL	7306	2738	37.5	(35.9-39.1)	1718	24.0	(22.6-25.4)	2850	38.6	(36.9-40.2)
ADDs										
Barren River	520	183	33.0	(28.6-37.6)	147	30.1	(25.7-34.9)	190	36.9	(32.2-41.9)
Big Sandy	419	158	36.9	(31.8-42.3)	103	25.4	(20.7-30.6)	158	37.7	(32.5-43.3)
Bluegrass	518	198	35.3	(30.8-40.2)	125	25.8	(21.4-30.7)	195	38.9	(33.8-44.2)
Buffalo Trace	413	154	34.6	(26.7-43.4)	87	27.3	(15.8-42.9)	172	38.1	(30.0-47.1)
Cumberland Valley	452	173	38.4	(33.3-43.7)	98	21.8	(17.8-26.4)	181	39.8	(34.7-45.2)
FIVCO	552	214	38.2	(33.6-43.0)	124	21.8	(18.1-25.9)	214	40.0	(35.3-44.9)
Gateway	570	198	36.8	(30.7-43.3)	140	24.2	(20.0-29.1)	232	39.0	(33.8-44.5)
Green River	398	142	34.9	(29.7-40.5)	93	24.5	(19.7-30.0)	163	40.6	(35.0-46.4)
Kentucky River	466	181	36.3	(31.4-41.6)	91	21.0	(16.8-26.0)	194	42.7	(37.4-48.1)
KIPDA	547	223	40.8	(36.1-45.6)	130	21.7	(18.1-25.7)	194	37.5	(32.9-42.4)
Lake Cumberland	470	159	33.7	(28.9-38.8)	104	21.7	(17.6-26.5)	207	44.6	(39.4-49.9)
Lincoln Trail	487	186	37.1	(32.4-42.1)	108	22.7	(18.7-27.2)	193	40.2	(35.3-45.3)
Northern Kentucky	537	221	40.5	(35.9-45.3)	126	23.8	(20.0-28.2)	190	35.6	(31.1-40.5)
Pennyrile	427	173	41.4	(36.1-46.8)	105	24.9	(20.5-29.8)	149	33.8	(28.9-39.0)
Purchase	530	175	34.0	(29.5-38.8)	137	25.2	(21.3-29.4)	218	40.8	(36.2-45.7)

*Data in this table were derived from two weight control questions regarding losing or maintaining current weight.

#Use caution in interpreting data for total respondents less than 50. N = Cell Size, NH = Non-Hispanic, %

= Percentage, C.I.(95%) = Confidence Interval (at 95 percent probability level).

Percentages are weighted to population characteristics.

Unless stated differently above, Missing, 'Don't know', and Refused responses are excluded.